

MANJUSHA GOGNA, M.B.B.S; AFIH; MBA (HCS)

Common Wealth Games Village, Delhi 110092, India
9958685558; manjushagogna@gmail.com

EDUCATION

Post-Graduate Certificate in Associate Fellow in Industrial Health (AFIH), National Institute of Occupational Health (ICMR-NIOH), approved by Directorate General Factory Advice Service & Labour Institutes Government Of India, Ministry Of Labour & Employment Central Labour Institute

Dissertation: Work-Related Musculoskeletal Disorders among office executive (2019).

Certificate course in Tobacco Control, Public Health Foundation India (2015).

M.B.A. Health Care Services, Sikkim Manipal University; Dissertation: Laundry services in hospital and recommendation for the improvement of these services; Research carried out at Maharaja Agarsen Hospital, Punjabi Bagh, Delhi (2011).

Post Graduate Fellowship in Lifestyle Medicine Apollo Hospitals Education and Research Foundation (2008).

Post Graduate Diploma in Preventive and Promotive Health Care Apollo Hospitals Education and Research Foundation; Dissertation: Comparative Study of the Cause of Smoking Behaviour in Different Strata of Population (2004).

M.B.B.S., Lady Harding Medical College, Delhi University (1989)

MEDICAL EMPLOYMENT

Lifetime Wellness Rx International Limited- Apollo Life (An Initiative of Apollo Group of Hospitals) (2016- Present)

Serving as the Assistant General Manager - Operations, and holding the following additional posts:

- Head of Operations of Pan India accounts.
- Head of Medical Affairs in Northern and Western India.
- Head Training and Development- North and Western India.

Responsibilities include:

Compliance Management - Monitoring health hazards at client's location; carrying out biological monitoring and internal health audits and motivating employees to use PPEs; Ensuring the Company emergency response plans are in place and appropriately drilled and managed, checking health and hygiene issues in the company premises as member of Health and Hygiene committee; Conducting canteens assessment and recommendation; managing of Biomedical Waste disposal.

Technical and Knowledge Support – Writing newsletter and health related articles for Pan India Locations; Preparing power point presentations on topics such as diet and nutrition, exercise and fitness, stress management, obesity management, cholesterol and heart disease, hypertension, ‘Rules of Good Health’, women’s health, cancer in women, CPR and First Aid, ‘Work Life Balance’, menstrual hygiene etc ; Conducting Health Talks on above topics at various Schools and corporate houses such as, HSBC, Genpact, Cognizant, Modern School, DPS School, CapGemini etc; Preparing annual health calendar for clients and designing workshops; Conducting workshops and Health Risk Assessments at various corporate houses and schools; Performing data analysis of the health data generated at Medical room and advised on corrective measures; Preparing SOP for disease management and occupational Health Centre management

Administrative Management - Overseeing operations of Occupational Health Centre; Conducting doctors’ and nurses’ interviews, induction and training for Pan India location; Liaisoning with doctors and hospitals in the vicinity of the site; Managing of medicines in the OHC; managing client relationship and coordinating with leaderships for managing OHCs.

Doctor on Call (2015-2016)

Served as the Medical officer - School Health.

Took care of day-to-day medical issues of the students and the staff members. Conducted audits of schools and canteen to advice on improvement from the health point of view. Conducted Annual Health check of students and staff, Conducted health talk on Life Style Management

Lifetime Wellness Rx International Limited- Apollo Life (An Initiative of Apollo Group of Hospitals) (2007- 2015)

Served as the City Manager. Responsibilities included:

Consultant Physician- Worked as consultant physician to clients of Apollo Life such as Google, Samsung Engineers, Samsung Electronics, GE, Barclays, etc.

Administrative Management-managed Human Resource- recruited medical and paramedical staff; Managed a team of over 40 doctors, nurses, physiotherapists and dieticians, managing their roster and leaves; Overseeing operations of Occupational Health Centre; Liaisoning with doctors and hospitals in the vicinity of the site; Managing of medicines in the OHC; Managing client relationship and coordinating with leaderships for managing OHCs.

Technical and Knowledge Support - Trained doctors and nurses on soft skill and professional skills development; Prepared annual health calendar for the clients and designed workshops; Conducted workshops and Health Risk Assessments at various corporate houses and schools; Prepared PowerPoint presentations on topics such as diet and nutrition, exercise and fitness, stress management, obesity management, cholesterol and heart disease, hypertension, ‘Rules of Good Health’, ‘Women's Health’, cancer in women, CPR and First Aid and it was used by the doctor's pan India for the Apollo clients. Conducted Health Talks on above topics at various schools and corporate houses such as, HSBC, Samsung, Google, Mercer,

Tech Corp, CA, FreeScale, Alstom, MetLife, Damco etc. throughout Delhi and NCR; Performed data analysis of the health data generated at medical room and advised on corrective measures; Conducted health risk assessment for the CII Healthiest Corporate Award;

Others - Participated in many Health events and Summits to represent Apollo Life. Was the key person to bring in sponsorship from Dabur Health for the School Health Programme.

Private Practice (1993-2007)

Practiced as a consultant physician in a private OPD clinic at Pitampura, Delhi.

St. Prayag School, Pitampura, Delhi (1992-1993)

Served as a Medical consultant at the school. Carried out medical examination of the students and staff members; conducted health awareness camps and immunization programs. Treated sick patients and performed emergency cases at the school.

Kalawati Saran Children's Hospital (Under Lady Harding Medical College), New Delhi (1991-1992)

Worked as Junior Resident in Paediatrics; Worked in the OPD, wards and the Emergency Department of the Hospital. Performed lumbar Puncture, exchange transfusion, CPR in neonates and children in addition to routine work.

SKILLS

- American Heart Association certified BLS and ACLS provider (certificate valid till Sept 2020)
- Vast experience of providing first aid training and conducting health awareness programmes for corporate employees.
- Thorough knowledge of the Indian Factory Act 1948 & other Laws and rules applicable to Occupational Health Services.
- Trained in conducting and analyzing Audiometry, Spirometry, Anthropometry, ECG, Ortho-rater & all other types of medical examination investigations
- Experience of maintaining all health-related documents in an organized way and to represent the organization in national or international health-related audits
- Working knowledge to interpret ECG and X-Rays
- Excellent knowledge of computers, the Internet, Excel, etc.
- Experience of conducting pre-employment as well as periodic medical checkups of contract and company workers
- Expertise in providing medico-legal Advisory services i.e. liaison with Industrial health-related government agencies etc.
- Experience in liaison with factory inspector and certifying surgeon, to represent the health system of the organization during audits.
- Expertise in training doctors and nurses on all types of medical emergency management, as well as Training Office staff on First Aid management
- Expertise and vast experience in conducting smoking cessation workshops

ADDITIONAL QUALIFICATIONS

Certified Child Health Counsellor 2000

Successfully completed the Postgraduate Certificate course on Paediatrics and got certified as a child healthcare counselor by the Indian Medical Association (IMA AKN Sinha Institute of Continuing Medical and Health Education and Research).

Certified Torture Medicine Counsellor 2000

Successfully completed postgraduate certificate course on Torture Medicine and got certified as Torture Medicine Counsellor by the Indian Medical Association (IMA AKN Sinha Institute of Continuing Medical and Health Education and Research).

Certified Family Planning Counsellor 1995

Successfully completed the postgraduate certificate course on Family Planning organized by the Indian Medical Association and Family Health Training Project of Development Associates Inc. USA and got certified as Family Planning Counsellor

SELECT CONFERENCES ATTENDED AND PAPERS PRESENTED

OCCUCON 2012 - the 67th Annual National Conference of IAOH, Association of Environmental and Occupational Health Delhi, (February 2012).

OCCUCON 2012 - the 62nd Annual National Conference of IAOH, Association of Environmental and Occupational Health Delhi, (February 2012).

FICCI's Indian-ASEAN Business Fair and Business Conclave -Represented Apollo Life at the conclave held at Pragati Maidan, New Delhi (2nd-6th March 2011).

GHRD- Global Human Rights Defence International- Den Hague (Netherlands)
Presented a paper on "AIDS-present scenario in India" at the GHRD International Conference held in 2006.

CII Healthiest Corporate Award- Conducted a health risk assessment for the CII Healthiest Corporate Award and attended CII Healthiest Corporate Award Function at IEFT 2011 as Apollo Life representative, (10th -12th February 2011).

VOLUNTEER WORK

- Served at the post of the Vice President (2013-2014), General Secretary (2010-2013) and Joint Secretary (2005-2006), and worked towards the upliftment of Indian women with prime focus on delivering medical facilities to women and children at UWAD- University Women's Organization-Delhi (an international organization affiliated to IFUWA (International Federation of University Women's Association, with headquarter in Geneva)
- Serve as a Consultant Physician at Saksham Bharti, an NGO who works for underprivileged students with over 32 centres running in Delhi and NCR.
- Regularly conduct health awareness programmes and workshops at corporate, schools and colleges. Some programmes include: Menstrual Hygiene seminar for the Genpact CSR activity and in Shaheed Bhagat Singh College; Delhi University